

*Fresh, Healthy, Good Food
Every Day!*



HHFKA NSLP MENU
Healthy Hunger Free Kids Act

October 2016 K-8 Pizza Friday Menu

institution is an equal opportunity employer and provider

Vegetarian and Sandwich Entrée side items listed on Food Production Record

****Pork Free CKC Menu****

Week 1	Monday, October 03, 2016	Tuesday, October 04, 2016	Wednesday, October 05, 2016	Thursday, October 06, 2016	Friday, October 07, 2016
Hot Lunch	Chicken Nachos Seasoned Chicken & Tortilla Chips Lettuce, Cheese & Cilantro Mexican Corn Salad Chilled Fruit Cocktail	All Beef Hot Dog Ketchup Baby Carrots & Dip Creamy Coleslaw Banana	Chicken Fajita Spaghetti with Cheese Soft Dinner Roll Mixed Salad Greens with Veggies Homemade Dressing Chilled Pears	Delicious Chicken Drumstick Seasoned Rice Fresh Bakery Roll Crisp Fresh Broccoli & Homemade Dip Juicy Varietal Apple	Hot Fresh Delivered Pizza Hut Pizza Crisp Salad Mix with Veggies Homemade Dressing, Chocolate Gripz 100% Veggie Juice Chilled Peaches
Vegetarian Sandwich Deli Salad	Vegetarian Nachos Turkey Bun or Cheese Bun Chicken Caesar Salad Complete Meal	Cheesy Bread Craisin Chicken Wrap or Cheese Bun Asian Chicken Salad Complete Meal	Veggie Fajita Spaghetti Chipotle Chicken Bun or Cheese Bun Southwest Taco Salad Complete Meal	Veggie Burger Turkey Salami or Cheese Bun Bistro Protein Salad Complete Meal	Pizza Hut Cheese Pizza Turkey Bologna or Cheese Bun Super Greens Chicken & Fruit Salad Complete Meal
Week 2	Monday, October 10, 2016	Tuesday, October 11, 2016	Wednesday, October 12, 2016	Thursday, October 13, 2016	Friday, October 14, 2016
Hot Lunch	Chicken Nuggets Ketchup Sun Chips Corneriffic Salad Chilled Fruit Cocktail	Grilled Premium Chicken Sandwich CKC's "Outrageous Cream Sauce" Cowboy Salsa & Gold Corn Chips Banana	Cheesy Lasagna Roll Up with Homemade Red Sauce Soft Dinner Roll Garden Greens, Veggies & Homemade Dressing Chilled Pears	Chinese Orange Chicken Bowl Order bowls for todays Meal! Scoop Rice into Bowl & top with Orange Chicken Baby Carrots, Fresh Broccoli & Homemade Dip Crisp Varietal Apple	Hot Fresh Delivered Pizza Hut Pizza Crisp Salad & Homade Dressing Dressing 100% Veggie Juice Chilled Peaches
Vegetarian Sandwich Deli Salad	Veggie Burger Turkey Bun or Cheese Bun Chicken Caesar Salad Complete Meal	Seasoned Veggie Patty Sandwich Chicken Caesar Wrap or Cheese Bun Asian Chicken Salad Complete Meal	Cheesy Lasagna Roll Up & Homemade Red Sauce Italian Combo Bun or Cheese Bun Southwest Taco Salad Meal	Veggie Fried Rice Asian Chicken Wrap or Cheese Bun Bistro Protein Salad Meal	Pizza Hut Cheese Pizza Turkey Pastrami or Cheese Bun Super Greens Chicken & Fruit Salad Complete Meal
Week 3	Monday, October 17, 2016	Tuesday, October 18, 2016	Wednesday, October 19, 2016	Thursday, October 20, 2016	Friday, October 21, 2016
Hot Lunch	Crispy Chicken Sandwich Ketchup Sour Cream & Onion Pop Crisps Celery Sticks & Homemade Dip Chilled Fruit Cocktail	Taco in a Bag Nacho Chips & Seasoned Beef Shredded Lettuce, Cheese & Tacoboom Sauce Cowboy Salsa Banana	Taj Mahal Meatball Bowl Order bowls for todays Meal! Serve Meatballs over Creamy Mashed Potatoes Fresh Bakery Roll Baby Carrots, Homemade Dip & Pears	Mini Turkey Corn Dogs Ketchup Cheddar Goldfish Crisp Fresh Broccoli & Creamy Cole Slaw Juicy Varietal Apple	Hot Fresh Delivered Pizza Hut Pizza Mixed Greens Salad with Veggies Homemade Dressing 100% Veggie Juice Chilled Peaches
Vegetarian Sandwich Deli Salad	Veggie Patty Sandwich Turkey or Cheese Bun Chicken Caesar Salad Complete Meal	Veggie Taco in a Bag Santa Fe Chicken Wrap or Cheese Bun Asian Chicken Salad Complete Meal	Taj Mahal Veggie Patty Honey Mustard Chicken Wrap or Cheese Bun Southwest Taco Salad Complete Meal	Cheesy Bread Bologna Bun or Cheese Bun Bistro Protein Salad Complete Meal	Pizza Hut Cheese Pizza Turkey or Cheese Bun Sandwich Super Greens Chicken & Fruit Salad Complete Meal
Week 4	Monday, October 24, 2016	Tuesday, October 25, 2016	Wednesday, October 26, 2016	Thursday, October 27, 2016	Friday, October 28, 2016
Hot Lunch	Old Fashioned Hamburger Ketchup & Pickles Sun Chips Celery Sticks & Homemade Dip Chilled Fruit Cocktail	CKC's Delicious Chicken Chilaquiles Bowl Order bowls for todays Meal! Top Tortilla Chips with Savory Seasoned Chicken then add Shredded Lettuce, Cheddar & Tacoboom Sauce Cornerrific Salad & Banana	Cheesy Spaghetti & Homemade Marinara Fresh Bakery Roll Fresh Salad Greens & Veggies Homemade Dressing Chilled Pears	Build Your Own Chicken Tender Wrap Shredded Cabbage & Cheese CKC's Ranchaboom Sauce Cheez-its & Crisp Broccoli & Baby Carrots Crisp Varietal Apple	Hot Fresh Delivered Pizza Hut Pizza Spinach Mixed Salad with Veggies Homemade Dressing 100% Veggie Juice Chilled Peaches
Vegetarian Sandwich Deli Salad	Veggie Burger Turkey Salami Bun or Cheese Bun Chicken Caesar Deli Salad Meal	Veggie Chilaquiles Santa Fe Chicken Wrap or Cheese Bun Asian Chicken Salad Complete Meal	Spaghetti & Homemade Marinara Italian Combo Bun or Cheese Bun Southwest Taco Salad Complete Meal	Veggie Patty Wrap Chicken Caesar Wrap or Cheese Bun Bistro Protein Salad Complete Meal	Pizza Hut Cheese Pizza Bologna Bun or Cheese Bun Super Greens Chicken & Fruit Salad Complete Meal
Week 5	Monday, October 31, 2016	Tuesday, November 01, 2016	Wednesday, November 02, 2016	Thursday, November 03, 2016	Friday, November 04, 2016
Hot Lunch	Chipotle Joe Goldfish Pretzels Celery Sticks & Homemade Dip Chilled Fruit Cocktail	General Tso's Chicken Bowl Order bowls for todays Meal! Scoop Rice into Bowl & top with Delicious Chicken Baby Carrots, Crisp Broccoli & Homemade Dip Banana	Xtra Cheesy Ravioli Bake Soft Dinner Roll Mixed Salad Greens, Veggies & Homemade Dressing Chocolate Chip Gripz Chilled Pears	Beef & Potato Soft Shell Taco Tortilla, Shredded Cabbage & Cheese Tacoboom Sauce Cowboy Salsa & Corn Chips Juicy Varietal Apple	Hot Fresh Delivered Pizza Hut Pizza Spinach Salad & Veggies Homemade Dressing 100% Veggie Juice Chilled Peaches
Vegetarian Sandwich Deli Salad	Veggie Chipotle Joe Turkey Bun or Cheese Bun Chicken Caesar Deli Salad Meal	Veggie Fried Rice Asian Chicken Wrap or Cheese Bun Asian Chicken Salad Complete Meal	Xtra Cheesy Ravioli Bake Turkey Salami Bun or Cheese Bun Southwest Taco Salad Complete Meal	Vegetarian Soft Shell Taco Craisin Chicken Wrap or Cheese Bun Bistro Protein Salad Complete Meal	Pizza Hut Cheese Pizza Turkey Pastrami or Cheese Bun Super Greens Chicken & Fruit Salad Complete Meal

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim Milk choices offered daily